

# POWERHOUSE

## COACHING

### TESTIMONIALS

“I have been using Katherine Hosie’s executive coaching services for only a few months but in that time she has, quite literally, changed my life.

Kate has an uncanny ability to see beyond the immediate issue and makes me think very deeply and reflectively about my own practice. In fact I have learnt things about myself that I had no idea about!

While not always comfortable, Kate makes me think about things from a different angle and find alternative solutions to issues that sometimes feel insurmountable.

Just before we closed for the Christmas period, and after only a few sessions with Kate, the senior management team was debriefing about the year that was – the highs, the lows, the people we’ve met etc. I was able to say quite honestly that meeting and working with Kate has had a fundamental impact on all facets of my life and relationships – at work and at home.

She absolutely holds me accountable for my own actions and will not do my thinking and reflecting for me. I have learned never to say to Kate, “What do you think?” because every time she will come back with, “No, what do you think?”

Kate is remarkably easy to connect with and has a wicked sense of humour, but most importantly, she gets results.”

- *M W*

“Kate and I worked on three key areas: communication, identifying my blind spots, and clarifying my career goals. We worked together very collaboratively. Our work was based on analytics from the detailed personality profile and was backed up with deep, individualised advice on how to maximise my impact.

Results were almost immediate. I had a much better sense of my personal and professional goals and I was able to have a greater impact at work. For example the proposals I worked on following my work with Kate led to several pieces of work being won in the Private Equity Group (and a significant positive impact to the bottom line). This was a great improvement to the work I had done previously.

Working with Kate has made me a more confident person who is much more in touch with my personal and professional goals. In addition, Kate has gone above and beyond the traditional coaching relationship and has become a friend and advisor who I trust and respect greatly. She has continued to play a supporting role for me even beyond the coaching engagement.”

- *N Z*

“Kate was excellent. I appreciated her honesty. I felt that she connected well with me, and that is not a phrase I have ever used before. I found it liberating, it gave me permission to be myself and to use my own style, not conform to a perceived corporate ideal. I now have a lot of thinking (and planning) to do.”

- *S T*

# POWERHOUSE

## COACHING

"When I first started my coaching with Katherine I had just commenced a new position in a more senior role. I previously held a management position, but needed to develop my skills in setting boundaries, leading a team rather than managing a team, and being able to communicate with influence in an assertive style rather than a demanding style. I needed to enhance my leadership skills to be able to support a large and dispersed team spread across three locations.

Since working with Katherine I have developed my communication skills, in particular with my staff. I have been able to use effective techniques at the right times when dealing with them. I am able to communicate with influence and get staff commitment to do what is required of them in a timely manner. I am now a more assertive communicator, rather than getting uptight and stressed. I am now able to delegate and not feel guilty, and have the trust in others to do the job.

Katherine has instilled self-belief in me, and a confidence that allows me to be a leader. I have grown as a leader and am now much more comfortable with my communication style and implementing the techniques I have learned. I now see that I do have the capacity to effectively lead my team. I recently received informal feedback from my State Manager thanking me for my leadership and the support I have provided him in recent times.

Katherine has always made me feel very comfortable during our sessions and at times challenged me to think differently about my approach to being a leader; she has taught me to identify the values of others to assist me in building better relationships with team members, family members, and friends.

Katherine's friendly personality and her listening style have allowed me to build trust and confidence in knowing that after each session I will walk away with a new skill."

- *P D*

"I have worked with Katherine throughout most of my time as Executive Director of the Australian Government Digital Switchover Taskforce. She has provided me with incomparable support and helped me work through innumerable difficult issues and made a real and tangible difference in my life. I will continue to seek out her wise counsel as my career develops and can't recommend her highly enough. A coach and counselor who has become a trusted friend and confidant."

- *A T*

"I have been having coaching for only a few short weeks, during which time I have experienced the most shattering period of my life. Katherine has proved to be the most valuable coach I could have wished for and has helped me to come to terms with certain aspects of my personality and life which needed to be faced and either accepted or challenged and dealt with.

In one session, Katherine actually forced me to change a destructive lifetime habit into a positive acknowledgement of how useless this practice was and to alter it immediately – this brutally frank exchange was probably the most honest communication I have had with anyone in the last ten years! She's not afraid to tell it like it is!"

- *S K*